SiHLE Logic Model

Theoretical Foundation
Social Cognitive Theory (SCT) and Theory of Gender and Power (TGP)

• Provision of peer support and influence (i.e. social support from adolescents) (SCT)
• Provide knowledge/information about sexual risk-reduction practices (SCT)
• Discuss positive outcomes of abstaining and reducing risky sexual behavior (SCT)
• Provide opportunities for decision making, problem solving and goal setting (SCT)
• Demonstrate proper condom use and communication skills (SCT)
• Allow opportunity for participants to role play condom use & communications skills to enhance self-efficacy (SCT)
• Practice condom use and communication skills in emotionally arousing situations (i.e., older partner) (TGP)
• Discuss “triggers” that make it challenging to practice safer sex (i.e. stereotypical media messages that display limited and negative roles of African American adolescent females; peer pressure) (TGP)
• Enhance self-worth in being an African American female adolescent (TGP)

Intervention Activities

Small group discussions among African American adolescent females which include:
• Information on HIV/AIDS highlighting African American adolescent females HIV risk
• Modeling decision making, problem solving and goal setting
• Modeling, role play and practice refusing sex, negotiating safer sex and communicating assertively
• Discussion of gender norms and dating violence in adolescent heterosexual relationships and its impact of adolescents females ability to negotiate risk reduction
• Fostering gender/ethnic pride via music, poetry, identification of African American female role models
• Using skilled African American female adult and peer facilitators to co-facilitate implementing the intervention

Behavioral Determinants of Risk

• Inadequate skills to use condoms (SCT)
• Inadequate skills to negotiate abstaining from sex and risk-reduction (SCT)
• Lack of knowledge about HIV transmission, personal risks and safer sex (SCT)
• Lack of knowledge about power imbalances in adolescent heterosexual relationships (TGP)
• Gender norms and peer pressure impacting female adolescent’s ability to practice risk-reduction (TGP)

Risk Behaviors

No condom use or inconsistent condom use

Outcomes

Increased knowledge about HIV transmission and risk reduction strategies
Intention to use condoms or risk-reduction strategies
Enhanced self-efficacy for negotiation and use of condoms and risk reduction strategies
Consistent condom use and other risk-reduction strategies